



LIVING IN THE WORD "Getting on Track" Psalm 119

No. 6576

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Blessed are those whose ways are blameless, who walk according to the law of the Lord (Psalm 119:1). Spurgeon called Psalm 119 "The Golden Alphabet." It is the longest Psalm and is in the form of an acrostic, using the letters of the Hebrew alphabet. It deserves reading patiently, devotionally, and meditatively. Most believe David is the author.

Prayer: "Lord, open my eyes that I may see wonderful things in your law." Psalm 119:18

Readings: Psalm 19, Psalm 119:1-8, and Psalm 139

Listening with all of me: Heart, mind/soul and will. Psalm 119:145

I. The Needy Heart.

A. Finding the Track.

1. To be known and loved. Psalm 119:73, Psalm 41 & 124
I am not irrelevant or unnecessary.
2. To have purpose. Psalm 119:37
I am made by an intelligent God for an intelligent reason.

B. Getting on Track.

1. The right track. Psalm 119:2, Psalm 119:30, and Psalm 32
I am made to live forever.
2. The wrong track. Psalm 119:105 and Psalm 121
The majority is not always right.

II. The Numb Heart.

A. Tiring of the Track.

1. Depression. Psalm 119:28 NLT and Psalm 6
What do I do when I can't "feel my faith"?
2. Drift. Psalm 119:176
To wander, fail to concentrate, digress, err, stray, lost.

B. Trouble on the Track.

1. Sorrows. Psalm 119:75, 113-117, and Hebrews 10:32 -36
Don't waste the pain.
2. Suffering. Psalm 119:67, 71 & 75
Permitted affliction gets our attention.

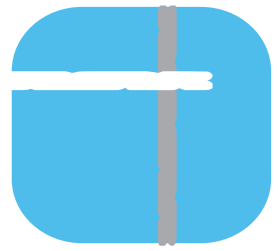
III. The Naughty Heart.

A. Staying on Track. Psalm 119:128, Psalm 119:160 & Psalm 86

1. Just say "no." Psalm 119:101
We are responsible for our choices.
2. Just say "yes." Psalm 119:129 NLT
Why wouldn't you?

B. Enjoying the Track.

1. Delighting. Psalm 119:54
His Word makes my heart smile.
2. Discovering. Psalm 119:2
Giving 100% to the study of God's Word.



Conclusion: Getting back on track.

Will you ponder His Word and live in it this week? Pray: Psalm 119:97, "You are my place of quiet retreat; I wait for your Word to renew me." "Listen to His voice" from Isaiah 40:25-31. What did you "hear"?

Group Time: Keeping Track

Keeping track of our own soul discoveries and experience is very important. One way to do this is to verbalize or share what we *learn* or what we *saw* with the *eyes of our heart*. It's good to share the truths gleaned and encourage fellow travelers.

1. Which part of this talk was especially helpful? Challenging? Confusing?
2. What lessons does Samuel teach us from 1 Samuel 3?
3. Look up one of the following verses and share how the Word of God has encouraged you from these references. Psalm 119:10, 61, 63, & 45.
4. What sort of literature would you think of giving to someone who has suffered affliction?

Idea: Write your own testimony and send it to a few friends.

Resources:

Scripture Union (scriptureunion.org) is a good Bible reading program for all ages.

Have a look at IVF *Search the Scriptures*, or Henry Blackaby's *Experiencing God*.

Conversational devotionals by Jill Briscoe – *Barefoot in My Heart*.

Holiness Without the Halo, Stuart & Jill Briscoe.