



LET'S DO IT GOD'S WAY "This Is the Day" Exodus 20:1-8

No. 5522

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Work and leisure are integral parts of life. The fourth commandment shows how profoundly important they are:

I. Remember the Sabbath Day.

- A. The inauguration of the Sabbath.
 - 1. Introduced in the wilderness. Exodus 16:22-30
 - 2. Confirmed at Sinai. Exodus 20:8-11
 - a. The significance of work. Exodus 20:9
 - b. The necessity of rest.
 - i. No going out. Exodus 16:29
 - ii. No farming. Exodus 34:21
 - iii. No fire. Exodus 35:3
 - iv. No burdens. Jeremiah 17:21-22
 - v. No exceptions—strangers, animals, land.
- B. The explanation of the Sabbath.
 - 1. God's rest at creation. Exodus 20:11
 - A humanitarian gift. Leviticus 25:1-17
 - 2. God's deliverance in Egypt. Deuteronomy 5:15
 - An invitation to worship. Psalm 92:1-15
 - 3. God's offer of a covenant. Exodus 31:12-17
 - An opportunity for obedience. Exodus 20:8
- C. The desecration of the Sabbath.
 - 1. Business as usual in Nehemiah's time. Nehemiah 13:15-22
 - a. Disinterest in worship.
 - b. Disobedience in lifestyle.
 - 2. Obsession with externals in Christ's time. Mark 3:1-5
 - a. Concern for the letter of the Law.
 - b. Unconcern for the Spirit of the Law.
- D. The clarification of the Sabbath.
 - 1. Christ's actions.
 - a. He worshipped on the Sabbath. Luke 4:16
 - b. He healed on the Sabbath. Luke 6:5
 - 2. Christ's announcements.
 - a. He was fulfilling the Law. Matthew 5:17
 - b. He was Lord of the Sabbath. Luke 6:5
 - c. Sabbath was made for man. Mark 2:27

II. From Sabbath Day to Sunday.

- A. A transitional period.
 - 1. The first day of the week. Acts. 20:7; 1 Corinthians 16:1
 - a. Resurrection.
 - b. Appearances.
 - c. Pentecost.
 - 2. The council at Jerusalem. Acts 15:22-28
 - 3. The Lord's Day. Revelation 1:10
- B. A theological principle.
 - 1. Was Sabbath transferred to another day...?
 - 2. Was Sabbath no longer binding?
- C. A traditional problem.
 - 1. Sabbatarianism?
 - 2. Antinomianism?
 - 3. Discipleship.
 - a. Everyday is special. Psalm 118:22-23; Matthew 21:42; Acts 4:11
 - b. Sunday is even more special.